Autism Bedfordshire's A-Z Fundraising Guide

Run - Any distance, and ask your friends and family to sponsor you while you get fit and raise money.

Sponsored Events - this could be anything: slimming, beard shaving (or growing), barn-dancing or eating (eggs, beans, spaghetti!).

Treasure hunt - invite children or adults to take part for a £1 entry fee with a prize for the winner.

Unwanted/Unused Gifts - donate them to our charity shop to help raise funds in a non-direct way.

Volunteer - Join our bank of volunteers to help out at community events, or if you'd like a regular gig we would love to have your help in our charity shop or at one of our social groups.

Wardrobe Clearance - sort out old clothes that you and your family no longer wear and ask friends to do the same and then hold a swap event. everyone pays £1 if to choose new clothes.

Xmas crafts. From Christmas cards to tree decorations to Christmas cookies; Christmas is a fantastic time to get creative and raise money.

Your talent - Are you particularly proficient in a skill you could teach to others? Sports? Music? Languages? Run Not for Profit lessons and share your wisdom.

Zoo Party - Plan a wild party for the children (and adults!) in your family and instead of bringing presents everyone brings a donation.

If you still don't have an idea but really want to do something to fundraise for us, please contact us to see if we have anything in the pipe line you could help with.

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Registered in England No: 4632497— Registered Charity No: 1100722

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Afternoon tea - organise a tea party and ask for donations for tea and cakes, you could also organise a raffle to raise even more from your event

Bring a £ - ask all your colleagues to bring just a pound to work in aid of your fundraising event.

Challenge - Where's the fun in doing something easy? Think of something you want to achieve personally, you'll have twice the motivation.

Dress Down Day - organise a dress-down day at your work or school and ask everyone to make a donation in return.

eBay - Have a clear-out at home and sell bits on eBay with the proceeds going towards your fundraising.

Five-a-Side - get friends and work colleagues to compete in a five-a-side football tournament. You could ask team members for an entry fee and charge the spectators to watch the game!

Go Without - give up something you would really miss, like chocolate or wine, and get people to sponsor you for each day that you manage to go without.

Host a Halloween party or disco - ask for donations towards your fundraising efforts. Ironing—We'd all love someone to help out with this boring task, so be our hero. You could make a fortune!

Jumble Sale - organise your own jumble sale, perhaps in your local village hall.

Knit A thon - Knitting is once again in vogue, so take advantage and plan a knitting event. You could charge people for entry and also sell the products afterwards.

Loose Change Collection Box - a place for all your loose change, every penny counts! If you don't ask you'll never know how helpful you could be!

Matched Giving - find out if your company has a matched-giving scheme. Many companies will match £1 for £1 (up to a set amount) for employees who take part in fundraising for charity.

Night in for Charity - hold a cinema or games party. Provide drinks and food and charge people a fee for taking part.

Odd Jobs - Friends & family members will always have little jobs which need doing that they're too busy for. Maybe they need some rubbish taking to the tip or some shopping doing. If you

Pub Games Night - invite friends and family to take part in a games night at your local pub and ask them for donations to take part.

Quiz night – organise a quiz night in your local pub and ask for donations to take part. You could also organise a raffle to raise even more from your event!